

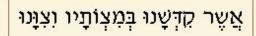


## **KABALAT SHABBAT**

Play along, sing along, and enjoy with Vicki

## Lighting the candles – women.

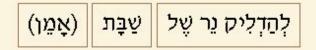
בָּרוּדְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶדְ הָעוֹלָם



Barukh atah Adonai, Elohaynu, melekh ha-olam, asher kid'shanu b'mitzvotav, v'tzivanu l'had'lik neir shel shabbat (Amein) Blessed are You, Lord, our God, King of the Universe,

who sanctifies us with his commandments, and commands us

to light the candles of Shabbat (Amen)



BARUCH ATA ADONAY, ELUKEYNU MELEH HA OLAM SHE KEIMANU VE IHIYANU, VE IGANU LE ZMAN HA ZE. AMEN.



# MALAHIM – angels

Story of two angels that come to each home. If the table is ready, candles are bright, and family is in peace around the table – angels will say: G-d bless and may the next shabbat for this family be the same as this one. And if there is no peace and happiness, no candles, not food on the table and no family around...what the angels say? – G-d bless and may the next shabbat for this family be the same as this one. Shalom Aleichem with Lyrics / שׁׁלום עליכם עם מילים

Shalom alechem malache ha-sharet malache elyon, Mi-melech malche ha-melachim Ha-Kadosh Baruch Hu. Bo'achem le-shalom malache ha-shalom malache elyon, Mi-melech malche ha-melachim Ha-Kadosh Baruch Hu. Barchuni le-shalom malache ha-shalom malache elyon, Mi-melech malche ha-melachim Ha-Kadosh Baruch Hu. Tzet'chem le-shalom malache ha-shalom malache elyon, Mi-melech malche ha-melachim Ha-Kadosh Baruch Hu.



# **Blessing children**

For Sons:

יִשִּׂמְךּ אֱלהִים כְּאֶפְרַיִם וְכִמְנַשֶׁה.

May God make you like Ephraim and Menasseh.

ּיְבָרָכְךּ יהוה וִיִּשְׁמְרָךָ. יָאַר יהוה פָּנָיו אַלֶיךּ וִיחֻנָּךָ. יִשָּׁא יהוה פָּנָיו אַלֶיך וְיָשֵׂם לְךָ שָׁלוֹם. May God bless you and keep you. May God's presence radiate upon you and grant you graciousness. May God's presence be with you and grant you peace.



#### For Daughters:

יִשְׂמֵך אֱלֹהִים בְּשָׂרָה רִבְקָה רָחֵל וְלֵאָה.

May God make you like Sarah, Rebecca, Rachel and Leah.

ּיְבָרָכְדָ יהוה וִיִשְׁמְרֵךָ. יָאַר יהוה פָּנָיו אַלֶיךְ וִיחֻנֶּךָ. יִשָּׂא יהוה פָּנָיו אַלֶיך וְיָשֵׂם לְךָ שָׁלוֹם. May God bless you and keep you. May God's presence radiate upon you and grant you graciousness. May God's presence be with you and grant you peace.

#### **OSEH SHALOM**

Oseh shalom bimromav Hu ya'aseh shalom aleynu Ve'al kol yisrael Ve'imru Amen

### **HE WHO MAKES PEACE**

He who makes peace in his high places He shall make peace upon us And upon all of Israel And say Amen



### WHO LOVES THE SABBATH - a song for kids

Mi ohev et hashabat? Ima ve'aba! Mi ohev et hashabat? Savta vesaba! Mi ohev et hashabat? Ani, atah ve'at. Kol ha'olam ki'mat! az lamah lo kol yom shabat?

Yom rishon sheni shlishi kol yom nimshach shanah revi'i et chamishi noten bematanah. Hayamim ovrim le'at rishon ad chamishi umachar machar shabat ki ba kvar yom shishi

Mi ohev et hashabat...



# **BRAHOT - blessings KIDUSH - introduction.** Fill your glass of wine before starting.

וַיְהִי עֶרֶב וַיְהִי בֹקֶר יוֹם הַשִּׁשִׁי

וַיְכָלוּ הַשָּׁמַיִם וְהָאָרֶץ וְכָל צְבָאָם

מְלַאכְתּוּ אֲשֶׁר עָשָׂה	נִיְכַל אֱלהִים בַּיּוֹם הַשְׁבִיעִי
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מְלַאכְתּוּ אֲשֶׁר עָשָׂה	וַיִּשְׁבֹת בַּיוֹם הַשּׁבִיעִי מִכָּל
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וַיְבָרֶדְ אֱלֹהִים אֶת יוֹם הַשְׁבִיאִי וַיְקַדֵּשׁ אֹתוֹ

כִּי בוֹ שַׁבַת מִכָּל מְלַאכְתּוֹ אֲשֶׁר בָּרָא אֱלהִים לַעֲשוֹת

#### **English Translation:**

And there was evening and there was morning, a sixth day. The heavens and the earth were finished, the whole host of them. And on the seventh day God ended his work which he had made, and he rested on the seventh day from all his work which he had made, And God blessed the seventh day, and sanctified it because in it he had rested from all his work which God created and done.



## **Blessing on wine**

Fill your glasses. Head of the family drinks first, then the rest drink their wine after the blessing

(אָמֵן)	בָּרוּדְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶדְ הָעוֹלָם	בּוֹרֵא פְּרִי הַגָּפֶן
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אַשֶּר קִדְּשָׁנוּ בְּמִצְוֹתַיו וְרָצָה בָנוּ בָּרוּדְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶדְ הַעוֹלָם

זּכָּרוֹן לְמַעֲשֵׁה בְרֵאשִׁית וְשַׁבַּת קָדְשׁוֹ בְּאַהֲבָה וּבְרָצוֹן הִנְחִילָנוּ

כִּי הוּא יוֹם תְּחָלָה לְמִקְרָאֵי סְׂדֶשׁ זֵכֶר לִיצִיאַת מִצְרָיִם

כִּי בָנוּ בָחַרְתָּ וְאוֹתָנוּ קִדַּשְׁתָּ מִכָּל הָעַמִּים

וְשַׁבַּת קָדְשְׁף בְּאַהֲבָה וּבְרָצוֹן הִנְחַלְתָּנוּ

בָּרוּדְ אַתָּה יְיָ מְקַדֵּשׁ הַשַּׁבָּת (אָמֵן)



Blessed are You, Lord, our God, King of the Universe, who creates the fruit of the vine. (Amen)

Blessed are You, Lord, our God, King of the Universe, who sanctifies us with his commandments, and has been pleased with us You have lovingly and willingly given us Your holy shabbat as an inheritance, in memory of creation. The shabbat is the first among our holy days, and a remembrance of our exodus from Egypt. Indeed, You have chosen us and made us holy among all peoples and have willingly and lovingly given us Your holy shabbat for an inheritance. Blessed are You, who sanctifies the shabbat (Amen)

## Hand wash – NATILAT YADAYIM

Three splashes to each hand, using special cup. Water to cup fills from the full bowl, and slashes - to the empty bowl. Then say the blessing.

#### בָּרוּדְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶדְ הָעוֹלָם

אַשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וִצִוָּנוּ

Barukh atah Adonai, Elohaynu, melekh ha-olam, asher kid'shanu b'mitzvotav, v'tzivanu

al n'tilat yadayim

עַל נְטִילַת יָדַיִם

## **Blessing on Hallah:**

בָּרוּדְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶדְ הָעוֹלָם

(אַמֶן)

הַמוֹצִיא לֶחֶם מִן הָאָרֶץ

Barukh atah Adonai, Elohaynu, melekh ha-olam,

ha-motzi lechem min ha-aretz. (Amein)

Blessed are You, Lord, our God, King of the Universe,

who sanctifies us with his commandments, and commands us

concerning washing of hands.



Blessed are You, Lord, our God, King of the Universe, who brings forth bread from the earth. (Amen)

Traditionally challah is not cut by knife but is separated by hands. Knife that we pass over the hallah before the blessing - is a symbol of CURBAN in the temple.



### **Final song - AMEN**

Amen, Amen – shorten version

Bi-tfila, Amen, she-'ola, Amen Kol ha-nshama tehalel Yah, Amen

Ten lanu khayim u-shmor 'aleynu Ten she-titgashem 'ahavateynu Ten lanu brakha, ha'er paneynu Ptakh libeynu she-tamid nashir lekha

Eluay, Amen, tikvatay, Amen Khazek 'etanu ba tfila, Amen

