



Pre-college Traveling Camp Suggested Packing List:

- Medical Insurance Card or a copy of it
- Student ID
- A proof of being a citizen or a green card holder (e.g. travel passport, birth certificate, or a green card - can be a copy)
- Hiking boots or shoes (1 pair)
- Comfortable walking shoes (1 pair)
- Sandals or flip-flops (1 pair)
- Shorts (3-4 pairs)
- Pants (3-4 pairs)
- T-shirts (8-10 pairs)
- Underwear (8-10 pairs)
- Socks – 8-10 pairs)
- Fleece cardigan (1-2)
- PJs (1-2)
- Rain gear (1 rain coat with hoody)
- Swimsuit (1-2)
- Sun Hat (1)
- Sleepers (1)
- Sunglasses (1)
- Sunscreen (1 bottle spray)
- Insect repellent (1 bottle spray)
- First Aid individual kit (1)
- Sewing kit (1)
- Personal belongings (toothbrush, tooth paste, deodorant, shaving kit, tampons or pads)
- etc. in a travelers bath bag)
- Laundry bag (1)



- Flashlight (maybe a head flashlight) (1)
- AAA and AA batteries (if you have anything running on them)
- USB cords, USB plugs to charge your phone and computer (recommended 2-3 of each – one remains in the hotel, one is always with you)
- Fast rechargeable Power bank for your phone and other mobile devices (1-2)
- General medicine, such as Advil, Imodium, Tums, and prescription medicine.
- Reading Glasses, contact lenses, or any assisting aid gear that you're using on a regular basis
- Reusable water bottle (1)
- Very loud and annoying alarm clock (1)
- Backpack for daily use (1)
- Phone and laptop or tablet (1-2)
- A paper notepad (1)
- Pens, pencils, pencil sharpener, eraser (2-3) in a penal or at least in a zipped bag
- Some pocket-size games to play, such as playing cards, uno, etc.
- Some cash (under \$250 should be more than enough – that's only if you want to buy some souvenirs or an extra treat for yourself, and for laundry)
- \$50 Tip for the bus driver at the end of the trip (Sasha will collect this amount on the first day, before boarding to the bus).

Here are some additional tips for packing for your trip:

- Make a list of everything you need to pack and check it twice before you leave.
- Pack light, but don't forget the essentials.
- Pack layers so you can adjust your clothing as the weather changes.
- Bring a backpack or duffel bag to carry your gear.
- Be prepared for anything by packing a first aid kit, sunscreen, insect repellent, and a raincoat.

Have fun!