



## June 2018 Family Camp – Menu:

**Attention:** We'll have options for Gluten Free, Milk Free, Diabetics diets. Also, PASTA will be a part of each meal, no matter what else is served. No Nuts or Kiwi.

### Friday:

**7:00 pm – Snack time** – Veggies with Dip, Milk, juices, water, tea (Served in the Dining Hall)

**8:00 pm – Dinner:**

**Starters:** Challah, Bread, different spreads, soup

**Main Course:** Roasted Chicken, roasted Potatoes, Salad Bar, Dressings, Sauces. Juices, Water, Tea (especially, Black Tea).

**Dessert:** Camp surprise

**Campfire:** wrapped in foil whole potatoes, marshmallows.

### Saturday:

**7:30 am – 9:00 am – Breakfast:**

Breads, bagels, spreads, scrambled eggs, hash potatoes, cereals, yogurts, plain oatmeal. Orange Juice, Milk, Tea, Coffee, hot chocolate, protein bars. Assorted Berries.

**11:00 am – snack** –Veggies, crackers, dip, assorted fruits

**1:00 pm - Lunch** – Soup of the Day, Grilled Cheese sandwiches, Asian tofu, rice, salad bar. Desert – Special from Jookender

**5:00 pm – snack** – Ice Cream (dairy and non-diary)

**8:00 pm – Dinner** - Schnitzels, baked fish, babaganush, pasta, buckwheat, salad bar, breads, butter spread, dessert, tea, juices, water.

**Campfire:** wrapped in foil potatoes, marshmallows, bread.

### Sunday:

**7:30 – 8:45 am Breakfast** - Breads, smoked salmon, omelets, cream cheese, normal cheese, pancakes, jams, condensed milk, chocolate spread, plain oatmeal, plain yogurt, maffins, pasta, milk, orange juice, hot chocolate, tea, coffee.

**12:00 pm – Lunch** - hot dogs, chicken nuggets, pasta, quinoa, salad bar, brownie, tea, juices, water.

**Snacks during the day** - assorted fruits, coffee, milk, water.