

# Winter Family Retreat Menu for the weekend 03/13-03/15/2020

(all meals include Pasta, as well)

#### **Friday Dinner:**

- 1. Roast Chicken
- 2. Mashed Potatoes
- 3. Green Beans w/Garlic
- 4. Salad Bar, Bread
- 5. Desert

#### Saturday Breakfast:

- 1. Scrambled Eggs
- 2. Home fries
- 3. Cream of Wheat
- 4. Fresh Berries
- 5. Yogurt, Granola

#### Saturday Lunch:

- 1. Deli Platters w/Turkey, Pastrami, L, T, O
- 2. Chicken Noodle Soup
- 3. Tuna Salad
- 4. Salad Bar
- 5. Desert

#### Saturday Dinner:

- 1. Pot Roast w/carrots, celery, onion
- 2. Broccoli
- 3. Roasted potatoes
- 4. Salad Bar, Bread
- 5. Desert

### Sunday Breakfast:

- 1. Scrambled eggs
- 2. Home fries
- 3. Corned beef hash
- 4. Waffles
- 5. Yougurt, berries, granola

## Sunday Lunch:

- 1. White Rice
- 2. Peas
- 3. Burgers (no cheese)
- 4. Salad Bar
- 5. Desert