



## Do, Don'ts and what to take with you to the Winter Retreat 2020

### Don'ts:

1. This is a nonsmoking facility. You cannot smoke inside the houses and less than 50 fts outside of the premises. If smoking is detected inside of any facilities, your family will be asked to leave the premises immediately. So please, let's not get into such situation.
3. If you are coughing and sneezing, and you don't know the reason for that, please, stay at home. It might be nothing, but you'll get all of us worried. No, Jookender won't be able to make a refund. But even a day before your trip, you may purchase an insurance that will cover the cost. You need an insurance "Cancel For Any Reason" since no other will cover you under the given pandemic circumstances. Here is where to compare and purchase it: <https://www.squaremouth.com/>
4. This is a nut-free facility. When selecting snacks to bring with you, please, make sure they do not contain nuts
5. Usually, at the Winter Camp we do not have volunteers. This time, we will, but please, don't ask from them more than you'd ask from an average 15 y.o. Teen. They can help you to occupy kids, but they also have special assignments. Please don't order them what to do. They've got orders from their supervisor. If you wish to get extra help, please contact Kira Shandalov (we will introduce her during the Friday Dinner and Sat. Breakfast.
6. Don't bring bedding and linens – all will be provided by the camp
7. Don't panic – it doesn't help you or anyone else. You've made your choice at the Bullet 3 of "Don'ts". If you've decided to come - relax and have fun!

### Do's:

1. Bring your personal belonging (toothbrush, shampoo, etc.), snow pants (even if you don't snow), swimsuit. If you're staying at the Hostel, bring an extra Towel for the Pool.
2. Bring at least 2 pairs of shoes in case one g since no other will cover you under the given pandemic circumstances et wet.
3. Bring Sleepers or something to be
4. Snow pants, ski underwear, winter boots, snickers. Hats and scarfs. Layers of clothes, easy to wear more, easy to get rid of the extra. T-Shirt, Flees, Jacket

5. Bring First Aid Kit and cold medicine – just in case
6. Bring snacks. They are not provided by the resort and those we will bring might not be enough for all
7. Bring Alcohol and “Vkusnyashki” if you drink and be prepare to share (but not with teens!!!!) during our evening gatherings and adult classes. You might also want to think of a Tea Kettle, although, I was told that Osceola and Tecumseh have always-ready-tea-for-you, and Carrigain has a full kitchen with utensils.
8. Bring Sunglasses and Sunscreen, despite the winter time, it could be helpful at the mountains
9. There is at least one Refrigerator available in each building for the common use. If you have any medications or food that needs to be stored in refrigerator temperature, please, find and use it freely. If you bring any specific food, you may store it there. Please, label your food. Any unlabeled food will be considered “for all”.
10. Bring Sanitizer just in case, but wash your hands every time you go to the bathroom, to eat, or just from one building to another after an activity. Bring masks if it makes you feel safe.
11. Bring games and activities. We will have some for you, that’s for sure, but our schedule may change, as some teachers may cancel their participation at the very last moment. We still want to have fun, so everyone’s ideas will be welcoming
12. Be open to others. We will be having many new families at the camp and we want everyone feels home with us. Make sure you approach each new person you don’t know and introduce yourself.
13. Bring Headlights or any kind of lights – if you’re planning to go from one building to another after dark (and you would). You’re welcome spend all night outside, if you wish. No restrictions. But please, be considerable of your neighbors.
14. Do you fish? There is a Pond, full of fish at the camp. Weather permitting, there will be an ICE Fishing available
15. Heat: All rooms are heated. You should be able to regulate the heat in your room.
16. Each family is assigned a room before arrival. Please check the latest room document at the registration page to ensure you room has not changed.  
[https://www.jookender.org/files/2020\\_WinterCamp/Room%20List\\_4\\_Website.pdf](https://www.jookender.org/files/2020_WinterCamp/Room%20List_4_Website.pdf)
17. **Check-in time** – 6 pm on Friday. The official program starts at 6:30 pm, but if you cannot come that early, please come when you can and proceed to the Dining room after a quick unpacking. **Check-out time** – 11 am Sunday. We will still be on the premises until 2pm, but we have to move out of the room where we slept.
18. Not all phones work properly there. Wase also doesn’t provide the presize directions. Please, make sure you have other way of navigation and don’t go off the main road, especially when you’re within 2-5 miles from destination. The Destination address is the main office. If you’re staying at the Inn, your house is just across the street from the main office. If you’re staying in 3 other buildings, then after passing the destination address, take the first left, pass the snowtubing field on your right, and enter the first driveway on your right for Tecumseh and Osceola, and the second, for the Carrigain Building.

19. If you're living at the Hostel, please first go to your hostel, get your keys, and then, come back for evening activities!
20. Activities: We've got a whole bunch of activities for every age group. Remember, this is a retreat, not a camp!!! Your choice what to join and when to skip
21. Gym as far, as I remember, available to use. But you'll be occupied with other great stuff. Skate ring is only open if weather permits. Pool is open all Saturday, 8-9 am. Check at the main building for Sunday Schedule.
22. Shuttle is available between the mountain parkings and all lodging on Saturday, from 8-4. Shuttle is not available on Friday and Sunday, but the distances are walkable and skiing
23. Going in-out of the camp. During the daytime – you're welcome to leave the camp and drive around – visit small picturized towns, enjoy beautiful surroundings – you name it. If you don't feel like participating in activities, you may always choose it instead.
24. Schedule is ready and available (but may change without a notice, due to current situation)  
[https://www.jookender.org/files/2020\\_WinterCamp/MasterSchedule.pdf](https://www.jookender.org/files/2020_WinterCamp/MasterSchedule.pdf)
25. Map is available here: [https://www.jookender.org/files/2020\\_WinterCamp/ResortMap.JPG](https://www.jookender.org/files/2020_WinterCamp/ResortMap.JPG) We live at E, F, G, and Q buildings. The main office, Pool, and Gym is at the O-P building (on the map, it shows like 2 different buildings, but there is only one. There are many trails in the resort. Even if we will have some "gaps" in the schedule, we can always go and explore them and have a tree spiritual meditation there and a nature photography composition workshop! The possibilities are endless!
26. I have probably missed some info... please, do not hesitate to ask via email [jookender@gmail.com](mailto:jookender@gmail.com) and have my phone (better, for texting) number just in case 508-951-3944